

# SAMURAI™ Beverage Nutritional Information U.S.

2,000 calories a day is used for general nutritional advice, but calorie needs vary.

Menu Items	Serving Size (oz)	Calories	Calories From Fat	Total Fat (grams)	Sat Fat (grams)	Trans Fat (grams)	Sodium (mg)	Carbs (grams)	Proteins (grams)	Fiber (grams)
<b>SAKE</b>										
Samurai Hot Sake	8	240	0	0	0	0	8	8	0	0
<b>JAPANESE ARTISANAL COLD SAKE</b>										
MiO Sparkling Sake (300ml)	10.1	250	0	0	0	0	11.2	42	0	0
Sake Glass (4oz)	4	130	0	0	0	0	0	8	0	0
Sake Carafe (8oz)	8	250	0	0	0	0	0	15	0	0
Sake Bottle (720ml)	24.3	760	0	0	0	0	0	46	0	0
<b>PREMIUM COLD SAKE</b>										
Sho Chiku Bai Ginjo (300ml)	10.1	290	0	0	0	0	4.1	12	0	0
Hana Fuji Apple (4 oz)	4	110	0	0	0	0	2.4	13	0	0
Sho Chiku Bai Nigori (375ml)	12.7	430	0	0	0	0	29.2	24	0	0
Sho Chiku Bai Nigori (750ml)	25.3	850	0	0	0	0	58.2	48	0	0
TyKu Coconut Nigori (330ml)	11.2	320	0	0	0	0	0	39	0	0
Sake Flight	6	210	0	0	0	0	0	11	0	0
<b>JAPANESE PREMIUM SPIRITS</b>										
Shochu Yokaichi Mugi	2	80	0	0	0	0	0	0	0	0
Whisky Nikka Coffey Grain	2	130	0	0	0	0	0	0	0	0
Plum Liqueur Choya	2	80	0	0	0	0	4	10	0	0
<b>WINE</b>										
Disclaimers: 150 calories per glass; 4 glasses per bottle										
Wine Glass (6 oz)	6	150	0	0	0	0	5	4	0	0
Wine Carafe (9 oz)	9	230	0	0	0	0	10	7	0	0
Wine Bottle (750ml)	25.3	640	0	0	0	0	20	19	0.5	0
Plum Wine Glass (6oz)	6	240	0	0	0	0	0	29	0	0
Plum Carafe (9oz)	9	350	0	0	0	0	0	44	0	0
<b>BOTTLED BEER</b>										
Japanese										
Sapporo 21.3 oz	21.3	250	0	0	0	0	0	18	1.8	0
Kirin Ichiban 22 oz	22	270	0	0	0	0	0	20	1.2	0
Kirin Light 22 oz	22	170	0	0	0	0	0	14	1.3	0
Asahi 21.4 oz	21.4	270	0	0	0	0	0	11	1.3	0
Kirin Light	12	100	0	0	0	0	0	7.8	0.7	0
Import										
Corona Extra	12	150	0	0	0	0	0	14	1	0
Samuel Adams	12	150	0	0	0	0	0	10	0.9	0
Stella Artois	12	150	0	0	0	0	0	12	0.9	0
Domestic										
Bud Light	12	110	0	0	0	0	0	7	0.9	0
Budweiser	12	150	0	0	0	0	0	10	1.3	0
Michelob Ultra	12	90	0	0	0	0	0	3	0.6	0
Miller Lite	12	100	0	0	0	0	0	3	0.9	0
Lagunitas IPA	12	190	0	0	0	0	0	17	1.5	0
<b>SPECIALTY COCKTAILS</b>										
Samurai Punch	12	270	0	0	0	0	10	37	0.61	0.6
Mai Tai	12	270	0	0	0	0	0	30	0.5	0
Samurai Mojito	12	260	0	0	0	0	10	30	0.5	1
Exotic Mojito	12	200	0	0	0	0	0	25	0.5	2
Coconut Mojito	12	210	16.7	2	1.7	0	0	21	0	1

Menu Items	Serving Size (oz)	Calories	Calories From Fat	Total Fat (grams)	Sat Fat (grams)	Trans Fat (grams)	Sodium (mg)	Carbs (grams)	Proteins (grams)	Fiber (grams)
Haiku Colada	12	370	16.7	2	1.7	0	10	60	1	1
Yuzu Margarita	12	250	0	0	0	0	0	13	0	0
Kappa Collins	12	200	0	0.5	0.0	0	0	16	4	4
Sake Sangria Red Plum	12	190	0	0	0	0	0	29	0	0
Sake Sangria White Peach	12	200	0	0	0	0	0	19	0	0.9
Blue Ocean Punch Bowl	12	1,220	33.4	2	1.7	0	120	194	2	4
Baby Ocean Punch Bowl	12	270	5	0	0	0	25	43	0	0.9
Samurai Long Island Iced Tea	12	230	0	0	0	0	0	18	0	0
Tokyo Mule	12	190	0	0	0	0	0	19	3	3
Passion Fruit Pisco Sour	12	270	0	0	0	0	0	28	0	0
<b>MARTINIS</b>										
Mango Saketini	8	170	0	0	0	0	0	13	0	0
Rising Sun	8	260	0	0	0	0	0.4	25	0	0.7
Sophisticated Ginger	8	250	0	0	0	0	0	19	0	0
Mango Saketini	8	170	0	0	0	0	0	13	0	0
<b>ALCOHOL FREE</b>										
Banana Berry Smoothie	16	330	0	4	0	0	0	86	0	3
Mango Colada	16	360	16.7	2	1.7	0	10	171	1	4
Strawberry Passion Delight	16	370	0	0	0	0	30	93	0	4
<b>Benihana Lemonade</b>										
Mango	16	130	0	0	0	0	90	56	0	0
Strawberry	16	130	0	0	0	0	90	93	0	0
Passion Fruit	16	140	0	0	0	0	90	37	0	0.9
Raspberry	16	130	0	0	0	0	90	24	0	0
<b>Iced Tea</b>										
Black Organic Tea	16	-	0	0	0	0	0	0	0	0
Red Flower Tea	16	20	0	0	0	0	0	0	0	0
Iced Green Tea	16	30	0	0	0	0	0	20	0	0
<b>Soft Drinks</b>										
Pepsi	16	100	0	0	0	0	20	28	0	0
Coca Cola Classic	16	100	0	0	0	0	0	25	0	0
Diet Pepsi	16	-	0	0	0	0	40	0	0	0
Diet Coke	16	-	0	0	0	0	0	0	0	0
Mist Twst	16	100	0	0	0	0	20	27	0	0
Sprite	16	60	0	0	0	0	0	16	0	0
Mtn Dew	16	110	0	0	0	0	30	29	0	0
Dr Pepper	16	70	0	0	0	0	0	18	0	0
Lemonade	16	100	0	0	0	0	100	27	0	0
Ramune	6.76	80	0	0	0	0	4.7	20	0	0
Ramune Strawberry	6.76	100	0	0	0	0	30	26	0	0
Ramune Grape	6.76	100	0	0	0	0	20	26	0	0
Red Bull	8.4	110	0	0	0	0	100	28	0.9	0
Red Bull - sugar free	8.4	5	0	0	0	0	105	3	0	0
<b>CHILDREN'S MENU</b>										
Banana Berry Blast	16	250	0	4	0	0	0	62	0	2
Dragon Juice	16	90	0	0	0	0	0	23	0	0
Total Apple Juice	8	120	0	0	0	0	15	29	0	0
Orange Juice	8	110	0	0	0	0	0	26	2	0
Pineapple Juice	8	130	0	0	0	0	0	32	0	0.8
Cranberry Juice	8	100	0	0	0	0	0	35	0	0
Milk 2%	8	140	0	5	0	0	20	14	10	0

<b>Menu Items</b>	Serving Size (oz)	Calories	Calories From Fat	Total Fat (grams)	Sat Fat (grams)	Trans Fat (grams)	Sodium (mg)	Carbs (grams)	Proteins (grams)	Fiber (grams)
<b>HAPPY HOUR</b>										
Sake										
Samurai Sake	4	120	0	0	0	0	4	4	0	0
Beer										
Bud Light Beer	12	110	0	0	0	0	0	6.6	0	0
Kirin Light	12	100	0	0	0	0	0	7.8	0.7	0
Lagunitas IPA	12	190	0	0	0	0	0	17	1.5	0
Premium Well										
Distilled Spirits (80 proof gin, rum, vodka, or whiskey)	1.5	100	0	0	0	0	0	0	0	0
Wine										
Wine Glass (6 oz)	6	150	0	0	0	0	5	4	0	0
Kirin Light	12	100	0	0	0	0	0	7.8	0.7	0
Specialty Cocktails										
Samurai Punch	12	270	0	0	0	0	10	37	0.61	0.6
Mai Tai	12	270	0	0	0	0	0	30	0.5	0
Samurai Mojito	12	260	0	0	0	0	10	30	0.5	1
Exotic Mojito	12	200	0	0	0	0	0	25	0.5	2
Coconut Mojito	12	210	16.7	2	1.7	0	0	21	0	1
Red Plum Sake Sangria	12	190	0	0	0	0	0	29	0	0
White Peach Sangria	12	200	0	0	0	0	0	19	0	0.9